

24" Parallel Grip Lat Pulldown Bar (Narrow)

Enhance your weight-training experience with our premium quality cable attachment range, ideal for use with any Gym Gear adjustable pulley machine or multi-gym.

The Parallel Grip Lat Pulldown Bar is specifically designed to ensure physiologically correct back development.

The heavy-duty, hardened-chrome bar has 4 premium-rubber grips allowing vertical wide and horizontal close grip exercises to truly maximise your back workout.



Heavy Duty



Rubber Grips



Technical Specifications

Rating	Commercial
Size	24"

Key Features

Heavy duty design	•
Chrome plated solid steel construction	•
For use with weight stack cable equipment	•
Rubber grips for comfort	•
Perfect for upper body workouts	•