Aerobic Step

Ideal for individual or group workouts, the Gym Gear Aerobic Step makes for a very versatile piece of home/ gym fitness equipment.

This height adjustable aerobic step can be tailored for individual needs by inserting risers under the step.





Technical Specifications

Rating	Commercial
Adjustments	Adjustable height
Step Surface	108 x 41 cm

Key Features

Two tone black and grey colour	•
Compact and light design ensures easy transport and storage	•
Non-slip feet and platform	•
Step surface – 108 x 41 (cm)	•
Adjustable heights of 9cm, 15cm & 21cm	•

