

Dual Series, Bicep, Tricep

The Gym Gear Dual Series strength line offers a comprehensive solution for fitness facilities where space, budget or both are limited. Featuring 8 dual / multi-functional strength stations, the Dual range can provide a versatile strength training area for a wide range of facilities including boutique studios, hotels and fire stations.

This space efficient, dual functional machine allows users to increase arm strength through a choice of bicep curl and tricep press exercises. The auto-adjust handgrips and adjustable seat pad make it easy for users to position themselves optimally for the exercise selected.



Poly-foam Pads



Adjustable Hand Grips



Instructions Plaque



Colour Coded Weight Stack



Technical Specifications

Rating	Commercial
Weight Stack	Colour co-ordinated 113kg weight stack with a magnetic weight stack pin
Instructions	Integrated instruction placard to illustrate start / finish position together with used muscles
Storage	Bottle storage and dedicated key / mobile phone area
Adjustments	Adjustable seat and hand grips
Upholstery	High-density poly-foam pads for user comfort
Shroud	Integrated translucent PVC shroud to the rear of the weight stack
Tubing	2.5 mm thick / 50mm x 100 mm oval tubing
Weight Stack	113kg 250lbs
Product Weight	106kg 234lbs
Dimensions	L 121 x W 116 x H 151 cm L 48 x W 46 x H 60 inches

Key Features

Poly-foam Pads	•
Dual Function Machine	•
Instructions Plaque	•
Colour Coded Weight Stack	•
Adjustable Seat and Hand Grips	•
Robust and Heavy Duty Construction	•