

Dual Series, Leg Extension / Curl

The Gym Gear Dual Series strength line offers a comprehensive solution for fitness facilities where space, budget or both are limited. Featuring 8 dual / multi-functional strength stations, the Dual range can provide a versatile strength training area for a wide range of facilities including boutique studios, hotels and fire stations.

This space efficient, dual functional machine is designed to target the abdominals and lower back through a choice of ab crunch and hyperextension movements. The adjustable chest / back pad and dual foot rests make it easy for users to position themselves optimally for the exercise selected.



Poly-foam Pads



Adjustable Chest Pad



Instructions Plaque



Colour Coded Weight Stack



Technical Specifications

Rating	Commercial
Weight Stack	Colour co-ordinated 113kg weight stack with a magnetic weight stack pin
Instructions	Integrated instruction placard to illustrate start / finish position together with used muscles
Storage	Bottle storage and dedicated key / mobile phone area
Adjustments	Adjustable leg and back pads
Upholstery	High-density poly-foam pads for user comfort
Shroud	Integrated translucent PVC shroud to the rear of the weight stack
Tubing	2.5 mm thick / 50mm x 100 mm oval tubing
Weight Stack	113kg 250lbs
Product Weight	120kg 255lbs
Dimensions	L 147 x W 125 x H 152 cm L 58 x W 49 x H 60 inches

Key Features

Poly-foam Pads	•
Dual Function Machine	•
Instructions Plaque	•
Colour Coded Weight Stack	•
Adjustable Chest and Back Pads	•
Robust and Heavy Duty Construction	•