

Elite 7ft Olympic Bar

The Gym Gear Elite Olympic Bar is ideal for intensive, impact based exercises including the Olympic lifts and Cross Fit style training. More versatile than fixed-weight machines, the Manufactured from a unique steel alloy with a 215,000 PSI tensile strength (standard bars have a tensile rating of 130-140,000 PSI), this bar is able to flex under pressure then return to its original form after lifting. The high quality hard chrome finish protects the bar from rust, and the end caps are tightly fitted to protect the end bearings and clips against dirt and dust ingress.



8 High Quality Bearings



28mm Diameter Grip



Integrated End Cap



Chrome Finish

Technical Specifications

Rating	Commercial
Material	Hardened chrome finish
Bar Weight	20kg / 44lbs
Weight Sleeve	41.5cm
Knurling / Grip Length	43cm
Distance Between Grips	131cm
Knurling Depth	1.2mm
Size	7ft

Key Features

680kg / 1500lbs weight capacity	•
Hardened chrome finish	•
30mm diameter grip	•
Integrated cap design	•