

Encore Cross Trainer

The Encore Cross Trainer is designed for both home and light commercial use. Ergonomical soft gel cushion pedals provide the ultimate natural comfortable motion and relieve the tension to the knee and ankle during workouts. This Cross Trainer utilises our self-powered system for years of trouble-free use and would make the perfect addition to any home or light commercial gym.



Multiple Handles



Mini Step Access



Gel Cushioned Pedals



HR Sensors on handles



Technical Specifications

Resistance level	20 Levels (Up to 350 Watts)
Q-Factor	75mm
Step Up Height	250mm
Stride length	50.8cm / 20"
Pedal spacing	7.5cm / 2.95"
Transportation	Transport wheels for easy movement
Heart rate system	Hand heart rate+wireless heart rate
Maximum user weight	150 kg / 330 lbs
Product weight	119.6 kg / 263.6 lbs
Maximum User Weight	160 kg 352 lbs
Dimensions	L 176.5 x W 81.5 x H 180 cm

Electrical Specifications

Power	Self generating
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Display Specification

Screen	6 windows LED + Dot matrix LED
Display Feedback	Speed, Time, Calorie, RPM, Distance, Heart Rate, Resistance, etc
Workout Programs	8 Preset, 4 Targets, 1 User

Key Features

Low Step Up Height	•
Mini Step Access	•
Safety stop	•
Reading / phone rack	•
versatile accessory pocket	•
Built-in towel-hanging slot on handrails	•
Multi-position handles	•
User-friendly console	•
Transport Wheels	•
Cushioned Gel Pads	•