

Independent Squat Stands

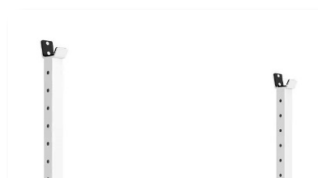
The Independent Squat Stands are designed for safe and effective weightlifting training while being easy to manoeuvre around the gym using the built-in wheels. With you being able to move and place the stands wherever you need them, they go hand in hand with any length of Olympic Bar or Barbell. The small footprint design makes it an extremely popular choice in facilities where space is limited. Our Independent Squat Stands are finished with a matt black powder coating for durability and a chrome-plated finish. The Independent Squat Stands can be used to perform a range of exercises including squats, bench presses, floor presses and overhead presses. Making it an all in one workstation for your exercise needs, perfect for small commercial gyms through to home gyms!



Small Footprint



Spotter Arms



J-Hooks



Adjustable Height



Technical Specification

Dimensions (Max Height) W 52 x D 53 x H 165 cm

Key Features

- **Wheels for easy transport**
- **Adjustable J-Hooks height and Spotter Arms Height**
- **Small footprint design**