Perform Series, Leg Extension / Leg Curl

The Perform Series Leg Extension / Leg Curl combines several innovative features, including an angled back pad, adjustable ankle and thigh pads, and a range limiting device, allowing for effective isolation of both the quadriceps and hamstring muscles through a selection of leg extension and curl movements.





Water Bottle Holder







High-density Poly-foam Adjustable Thigh/Foot Pads



Technical Specifications

Rating	Commercial	
Upholstery	High-density poly-foam and double stitches offer comfort and endurability	
Adjustments	Adjustable Thigh/Foot Pads to allow easy operation and comfort	
Tubing	Tube of the functional part is primarily at a 3mm thickness. The weight stack cage is with D-shape tube size: 95 x 81.1 x 3mm and a racetrack tube size: 50 x 100 x 3mm which ensure ultra-durability and stability.	
Instructions Plaque	Instructions placards to review proper set-up, movement and muscles trained	
Shroud	Translucent ABS shroud at a thickness of 3.2mm ensures ultra-durability and shock resistance.	
Weight Stack	91kg 200lbs	
Product Weight	167kg 368lbs	
Maximum User Weight	150kg 330lbs	
Dimensions	L 135 x W 122.7 x H 150.6 cm L 53 x W 48 x H 59 inches	

Key Features

Space efficient design requires minimal floor space	•
Self-lubricate American loos™ cable with nylon-coated 12 complex fiber ensures service life more than 250 thousand times.	•
Water bottle holder fixed on the cage is within reach.	•
Ergonomic handlebars in TPV material with aluminium ring limit offers comfort and security during a workout	•
All dynamic components are shielded for safety purpose	•
Lathed pulley with bearings of less tolerance ensure smooth movement	•
Meets EN957 safety regulation	•



