

Perform Series, Pec Fly / Rear Delt

The Perform Series Pec Fly / Rear Delt machine features two independent pivoting arms with dual position handgrips and a starting position that is adjustable over a 90-degree range. The traditional seating position is perfect for isolating the pectorals, then spin round and hit the delts. The Pec Fly/ Rear Delt machine allows for independent movement of each arm, encouraging symmetrical strength development and allowing for unilateral, bilateral, alternating, or high-speed reciprocal training.



Water Bottle Holder



Instructions placard



High-density Poly-foam



Adjustable Seat



Technical Specifications

Rating	Commercial
Adjustments	Adjustable seat and arms to allow easy operation and comfort
Upholstery	High-density poly-foam and double stitches offer comfort and durability
Tubing	Tube of the functional part is primarily at a 3mm thickness. The weight stack cage is with D-shape tube size: 95 x 81.1 x 3mm and a racetrack tube size: 50 x 100 x 3mm which ensure ultra-durability and stability.
Instructions Plaque	Instructions placards to review proper set-up, movement and muscles trained
Shroud	Translucent ABS shroud at a thickness of 3.2mm ensures ultra-durability and shock resistance.
Weight Stack	91kg 200lbs
Product Weight	132kg 293lbs
Maximum User Weight	150kg 330lbs
Dimensions	L 130.2 x W 127.5 x H 204.8 cm L 51 x W 50 x H 80.6 inches

Key Features

Space efficient design requires minimal floor space	•
Self-lubricate American loos™ cable with nylon-coated 12 complex fiber ensures service life more than 250 thousand times.	•
Water bottle holder fixed on the cage is within reach.	•
Ergonomic handlebars in TPV material with aluminium ring limit offers comfort and security during a workout	•
All dynamic components are shielded for safety purpose	•
Lathed pulley with bearings of less tolerance ensure smooth movement	•
Meets EN957 safety regulation	•