

## Pro Series, Multi Adjustable Bench

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all 8 pieces of the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The Pro Series Multi Adjustable Bench requires minimal space making it perfect for any fitness facility. It is designed to provide a strong, stable lifting platform suitable for many free weight exercises, along with being used in stands and power racks. The adjustable back and seat pad provide huge versatility with regards to the range of exercises that can be performed. The Multi Adjustable Bench has an integrated handle and wheels to provide effortless movement



Adjustable Back Support



Red Adjustment Knob



Heavy Duty Structure



Integrated Wheels

### Technical Specifications

|                |                                                         |
|----------------|---------------------------------------------------------|
| Rating         | Commercial                                              |
| Upholstery     | 70mm thick black pads                                   |
| Adjustments    | Adjustable Seat and back support                        |
| Product Weight | 40kg<br>88lbs                                           |
| Dimensions     | L 146 x W 69 x H 45 cm<br>L 57.4 x W 27 x H 17.7 inches |

### Key Features

|                                                                                                                                  |   |
|----------------------------------------------------------------------------------------------------------------------------------|---|
| Adjustable seat and back support pads                                                                                            | • |
| Offers 10 angles of adjustment from -10 degrees to 80 degrees making this bench perfect for a wide range of upper body exercises | • |
| Integrated handle and wheels for easy transportation                                                                             | • |
| Anti-slip rubber feet and oval steel frame provide added stability                                                               | • |