

Pro Series, Olympic Flat Bench

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all 8 pieces of the Pro Series range are designed to offer a quick, straightforward and easy access workout.

Sturdy and reliable, the Pro Series Olympic Flat Bench is the perfect solution for any home gym or commercial fitness facility. The easy-access design integrated with dual stop hooks provide a strong, stable lifting platform that optimally positions users for maximum results.



Dual Stop Hooks



Strong, Sturdy Frame



High Quality Upholstery



Rubber Anti-slip Feet

Technical Specifications

Rating	Commercial
Upholstery	High-density poly-foam offers comfort and durability.
Product Weight	60kg 132lbs
Dimensions	L 138 x W 54 x H 44 cm L 60 x W 51.5 x H 50 inches

Key Features

Dual stop Hooks	•
High Quality Upholstered Back Pad	•
Sturdy and Stable Frame	•
Rubber Anti-slip Feet	•
Low Maintenance Due To Plate Loading Nature	•