## Pro Series PL Bicep Tricep

Introducing the Pro Series Plate-Loaded Bicep Tricep from Gym Gear! Take your upper body workout to the next level with this high-quality fitness equipment. Designed for optimal strength and muscle development, the seated dip machine offers a challenging yet comfortable experience. Its plate-loaded system allows for adjustable resistance, catering to users of all fitness levels. With durable construction and ergonomic design, this equipment is a perfect addition to any gym or home workout space. Get ready to sculpt and strengthen your triceps, bicep and chest with the Pro Series Plate-Loaded Tricep Bicep.





## **Technical Specifications**

Rating	Commercial
Adjustments	Adjustable Handles
Loading Capacity	200kg x2 440lbs x2
Start Weight	Triceps 1.4kg Biceps 1.6kg
Product Weight	47.3kg 104.28lbs
Dimensions	L 109.2 x W 70.8 x H 128.7 cm L 43 x W 27.9 x H 50.7 inches.

## **Key Features**

Longer pushdown handle to meet the training needs of different groups  The seat's quick adjustment function reduces time wasted changing settings between sets  Limiting mechanism to ensure the safety of the trainer  High-strength engineering plastic barbell tube protective cover on weight borns		
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