Pro Series PL Lat Pulldown

The Pro Series Plate Loaded Lat Pulldown is a versatile machine for building upper body strength. It primarily targets the latissimus dorsi, biceps, and forearms. The secure leg pads keeps users firmly in place, providing stability during workouts. Its compact design makes it an excellent choice for personal training studios or home gyms, offering an efficient solution for comprehensive upper body training.





Technical Specifications

Rating	Commercial
Adjustments	Adjustable Pads
Product Weight	95kg / 216.1lbs
Start Weight	3.4kg Per Arm
Max User Weight	150kg 330lbs
Dimensions	L 170.3 x W 133.9 x H 204.7 cm L 67 x W 52.7 x H 80.6 inches

Key Features

needs of different groups	•
High-strength engineering plastic barbell tube protective cover	•
Limiting mechanism to ensure the safety of the trainer	•

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