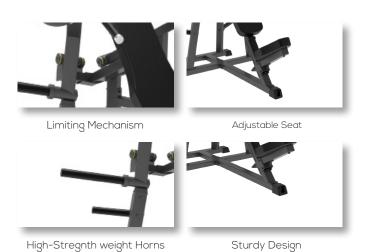
Pro Series PL Shoulder Press

The Pro Series Plate Loaded Shoulder Press is a powerful tool for developing shoulder strength and muscle definition. It primarily targets the deltoids, trapezius, and triceps. Its space-efficient design makes it a great addition to personal training studios or home gyms, providing an effective solution for comprehensive shoulder training.





Technical Specifications

Rating	Commercial
Adjustments	Adjustable Handles
Loading Capacity	100kg per weight peg (200kg total)
Start Weight	7kg Per Arm
Product Weight	87kg 191.8lbs
Dimensions:	L 157.9 x W 152 x H 106.9 cm L 62.2 x W 59.8 x H 42.1 inches

Key Features

High-strength engineering plastic barbell	
tube protective cover	•
Limiting mechanism to ensure the safety of the trainer	•

Visit www.GymGear.co.uk Call **01772 428434** Email **sales@GymGear.co.uk**

