

Pro Series PL Standing Hip Abductor

Introducing the Pro Series Plate-Loaded Standing Hip Abductor from Gym Gear! Take your lower body workout to new heights with this advanced fitness equipment. Designed to target and strengthen the hip abductor muscles, this standing hip abductor machine offers a dynamic and effective workout experience. With its plate-loaded system, you can easily adjust the resistance for progressive training. The sturdy construction and ergonomic design ensure stability and comfort during your workout sessions. Enhance your hip strength and improve your lower body stability with the Pro Series Plate-Loaded Standing Hip Abductor.



Limiting Mechanism



Turning point matches hip joint



High-Stregnth weight Horns



Oversized Leg Pads



Technical Specifications

Rating	Commercial
Adjustments	Adjustable Handles
Loading Capacity	150kg 330.69lbs
Starting Weight	4.3kg Per Side
Product Weight	83.9kg 185.06lbs
Dimensions	L 172 x W 59.5 x H 128cm L 67.72 x W 23.43 x H 50.39 inches.

Key Features

Oversized widened leg pads to meet the training needs of different groups	•
High-strength engineering plastic barbell tube protective cover	•
Limiting mechanism to ensure the safety of the trainer	•
The width of the turning point matches the width of the user's hip joint, giving the user a more comfortable experience and precise stimulation of muscle groups	•