

Sterling Series, 45 Degree Leg Press

The super smooth action of the Sterling Series 45 Degree Leg Press is designed to simulate the feel of using free weights. The 45 Degree Leg Press is great for building lower body strength primarily in the quadriceps and glutes. This machine often acts as a catalyst for squat strength increases or alternatively if physical limitations prevent you from squatting, the leg press is sufficient squat alternative. The soft leather cover on the upholstery of the seat provides ultimate comfort during use and the handlebar directly above the footplate allows for easy entry and exit. The robust construction of this machine allows loads up to a massive 450kg and the easy-to-use, flip-out carriage release mechanism increases safety and comfort.



Non-slip Handles



Olympic Weight Horn



Heavy Duty Construction



Black Comfortable Pad

Technical Specifications

Rating	Commercial
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	400kg 880lbs
Carriage Weight	80kg 176lbs
Product Weight	236kg 519lbs
Dimensions	L 249 x W 188 x H 154 cm L 98 x W 74 x H 61 inches

Key Features

Robust and heavy construction	•
Electro powder-coated and heat cured for superior durability	•
Olympic weight horns fitted as standard for optimum storage capacity	•
Low maintenance due to plate loading nature	•
Application of advanced biomechanics ensures that the equipment follows the body's physiological movement	•
High quality bearings for moving parts	•
Anti-slip foot plate	•
Variable start positions to suit any user size	•
Adjustable back	•