

Sterling Series, Full Power Rack

The sterling Series Full Power Rack lets you train hard and stay safe. The sleek walk-through design integrated with chin up bars, and hooks to rack a barbell, allow for nearly limitless strength training possibilities. Full power racks provide ultimate safety for virtually all compound exercises, including deadlifts, squats, bench presses, overhead presses or any other movement that you may require a spotter to perform.



J-Hooks



Chin Up Bar



Safety Spotter Arms



Power Band Attachments



Technical Specifications

Rating	Commercial
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	300kg 660lbs
Product Weight	216kg 476lbs
Dimensions	L 197 x W 175 x H 244 cm L 77.5 x W 69 x H 96 inches

Key Features

Robust and heavy construction	•
Electro powder-coated and heat cured for superior durability	•
Olympic weight horns fitted as standard for optimum storage capacity	•
Low maintenance due to plate loading nature	•
Integrated chin up bar	•
2 x Adjustable J-hooks	•
2 x Adjustable safety spotter arms	•
4 x Power band attachments	•