

Sterling Series, Leg Extension

The sterling Series Leg Extension is the ultimate machine for quadricep isolation. As the exercise is performed from a seated position the lower back is not engaged and the impact on the knees is minimal, making the movement extremely safe and effective. Handles are positioned at each side to provide added stability and isolateral movement allows independent leg training. The soft leather cover on the upholstery of the seat and pivot provides ultimate comfort during use.



Adjustable Back Support



Olympic Weight Horns



Heavy Duty Construction



Black Comfortable Pad



Technical Specifications

Rating	Commercial
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	300kg 660lbs
Starting Weight	3.5kg 7.7lbs
Product Weight	131kg 289lbs
Dimensions	L 127 x W 169 x H 101 cm L 50 x W 66.5 x H 40 inches

Key Features

Robust and heavy construction	•
Electro powder-coated and heat cured for superior durability	•
Olympic weight horns fitted as standard for optimum storage capacity	•
Low maintenance due to plate loading nature	•
Application of advanced biomechanics ensures that the equipment follows the body's physiological movement	•
High quality bearings for moving parts	•