

Sterling Series, Leg Press

The sterling Series Leg Press, is designed to simulate the feel of using free weights. It allows complete leg extension in a closed kinetic chain and is perfect for building muscle in the quadriceps, hamstrings and gluteus muscles. The soft leather cover on the upholstery of the seat provides ultimate comfort during use and the upright position makes it ideal for novices and de-conditioned users, as force is transmitted through the hips, eliminating spinal compression.



Anti-slip Foot Plate



Olympic Weight Horns



Heavy Duty Construction



Black Comfortable Pad



Technical Specifications

Rating	Commercial
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Adjustments	Adjustable seat
Loading Capacity	400kg 880lbs
Starting Weight	45kg 99.2lbs
Product Weight	193kg 424lbs
Dimensions	L 223 x W 142 x H 142 cm L 88 x W 56 x H 56 inches

Key Features

Robust and heavy construction	•
Electro powder-coated and heat cured for superior durability	•
Olympic weight horns fitted as standard for optimum storage capacity	•
Low maintenance due to plate loading nature	•
Application of advanced biomechanics ensures that the equipment follows the body's physiological movement	•
High quality bearings for moving parts	•