

Sterling Series, Seated Calf Raise

The Sterling Series Seated Calf Raise is the staple exercise for targeting the soleus muscles. The soft leather cover on the upholstery provides ultimate comfort during use and the intuitive pull-pin thigh pad adjusts to accommodate various users. The super smooth action of the Seated Calf Raise is designed to simulate the feel of using free weights whilst the safety stop removed and risk of injury.



Anti-slip Foot Plate



Olympic Weight Horn



Heavy Duty Construction



Black Comfortable Pads



Technical Specifications

Rating	Commercial
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	150kg 330lbs
Product Weight	56kg 123lbs
Dimensions	L 148 x W 77 x H 85 cm L 33 x W 30 x H 33 inches

Key Features

Robust and heavy construction	•
Electro powder-coated and heat cured for superior durability	•
Olympic weight horns fitted as standard for optimum storage capacity	•
Low maintenance due to plate loading nature	•
Application of advanced biomechanics ensures that the equipment follows the body's physiological movement	•
High quality bearings for moving parts	•