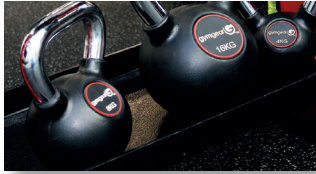


## Spartan Studio Rig

If space is at a premium, the Spartan Studio Rig is the perfect solution. The simple yet effective configuration and included attachments allow for a multitude of exercises to be performed. The Spartan Studio Rig provides challenging and diverse strength / functional workout options for the exercisers of all abilities, during both individual and group training.



Accessory Storage Trays



4ft Punchbag



Suspension Trainer



Weight Stack



### Technical Specifications

|                             |                                                             |
|-----------------------------|-------------------------------------------------------------|
| Rating                      | Commercial                                                  |
| Reccomended Operating Space | 5m x 4m                                                     |
| Weight Stacks               | 1 x 100 kg<br>1 x 220 lbs                                   |
| Dimensions                  | L 314 x W 354 x H 243 cm<br>L 123.6 x W 139 x H 95.5 inches |

### Accessories Included

|                                                                                             |   |
|---------------------------------------------------------------------------------------------|---|
| 1 x Suspension Trainer                                                                      | • |
| 1 x DAP Training Belt                                                                       | • |
| 1 x Bungee Cord                                                                             | • |
| 8 x Integrated Accessory Storage Trays (for Medicine Balls, Kettlebells etc)                | • |
| 6 x U Link Adjustment Columns (for attaching Suspension Trainers / Power Bands etc)         | • |
| 1 x Battle Rope                                                                             | • |
| 1 x Adjustable Step / Plyometric Platform                                                   | • |
| 1 x Chin Up Bars                                                                            | • |
| 1 x Set of Gym Gear Kettlebells (4, 8, 12 & 16kg rubber coated / chrome handle Kettlebells) | • |
| 1 x Medicine Ball Set (1, 2, 3, 4 & 5kg)                                                    | • |
| 1 x Double Grip Medicine Ball Set (6, 8 & 10kg)                                             | • |
| 1 x Medicine Ball Rebounder                                                                 | • |
| 1 x 4 ft Punchbag & Bag Mitts                                                               | • |
| 1 x Powerband Set                                                                           | • |
| 1 x Core Trainer & Bar                                                                      | • |