

Sterling Series, Adjustable Olympic Bench

The Gym Gear Sterling Series, Adjustable Olympic Bench is a three in one machine with the bench being fully adjustable from incline to flat to decline. The Ankle/knee pads are fully adjustable to suit any sized user.



J-hooks

Adjustable Pads



Weight Plate Pins

Thick Pads



Technical Specifications

Rating	Commercial
Adjustments	Adjustable back pad and Ankle/Knee pads
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	300kg 660lbs
Product Weight	142kg 313lbs
Dimensions	L 241 x W 175 x H 162 cm L 95 x W 69 x H 64 inches

Key Features

Robust and heavy construction	•
Electrostatic powder-coated and heat cured for superior durability	•
Super smooth back pad and Ankle/Knee pad adjustment	•
Application of advanced biomechanics ensures that the equipment follows the body's physiological movement	•
Olympic weight horns fitted as standard for optimum storage capacity	•