

## Perform Series, Back Extension

The Perform Series Back Extension is designed to target the erector spinae muscles through a smooth, controlled extension movement. The lumbar roller pad and pivoting back pad ensure comfort throughout the full range of motion, minimising the possibility of excessive extension whilst the movement arm is designed to eliminate common dead spots found in similar machines.



Water Bottle Holder



Instructions placard



High-density Poly-foam



Adjustable Back Pad



### Technical Specifications

<b>Rating</b>	Commercial
<b>Upholstery</b>	High-density poly-foam and double stitches offer comfort and durability
<b>Adjustments</b>	Adjustable back pad for user comfort and to allow easy operation
<b>Tubing</b>	Tube of the functional part is primarily at a 3mm thickness. The weight stack cage is with D-shape tube size: 95 x 81.1 x 3mm and a racetrack tube size: 50 x 100 x 3mm which ensure ultra-durability and stability.
<b>Instructions Plaque</b>	Instructions placards to review proper set-up, movement and muscles trained
<b>Shroud</b>	Translucent ABS shroud at a thickness of 3.2mm ensures ultra-durability and shock resistance.
<b>Weight Stack</b>	72.5kg 160lbs
<b>Product Weight</b>	123.7kg 272.7.6lbs
<b>Maximum User Weight</b>	150kg 330lbs
<b>Dimensions</b>	L 123.3 x W 118.5 x H 150.6 cm L 48.5 x W 46.6 x H 59.2 inches

### Key Features

<b>Space efficient design requires minimal floor space</b>	•
<b>Self-lubricate American loos™ cable with nylon-coated 12 complex fiber ensures service life more than 250 thousand times.</b>	•
<b>Water bottle holder fixed on the cage is within reach.</b>	•
<b>Ergonomic handlebars in TPV material with aluminium ring limit offers comfort and security during a workout</b>	•
<b>All dynamic components are shielded for safety purpose</b>	•
<b>Lathed pulley with bearings of less tolerance ensure smooth movement</b>	•
<b>Meets EN957 safety regulation</b>	•