

## Sterling Series, Knee Raise Frame

The Gym Gear, Sterling Series Vertical Knee Raise provides users with a solid strength training platform, ideal for performing a range of upper body and abdominal exercises. The handgrip, elbow supports and back pad provide stability for knee-up exercises and an additional hand grip allows for dip exercises.



60mm Thick Pads



Dual Handles



Robust Design



Step-up Access



### Technical Specifications

<b>Rating</b>	Commercial
<b>Upholstery</b>	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
<b>Tubing</b>	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
<b>Product Weight</b>	74kg 163lbs
<b>Dimensions</b>	L 119 x W 116 x H 76.5 cm L 47 x W 46 x H 30 inches

### Key Features

<b>Robust and heavy-duty construction complete with high-quality needle bearings for moving parts</b>	•
<b>Electrostatic powder-coated and heat cured for superior durability</b>	•