

## Pro Series, Leg Extension / Leg Curl

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Leg Extension / Leg Curl allows the user to train quadriceps and hamstring muscles. With an easy weight selection using a selector pin and an easily adjustable back pad, this gives the user the utmost comfort and ease to train.



Adjustable Pads



Robust Design



Easy Weight Selection



Exercise Placard

### Technical Specifications

<b>Rating</b>	Commercial
<b>Shroud</b>	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
<b>Tubing</b>	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
<b>Upholstery</b>	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
<b>Adjustments</b>	The adjustable starting position allows the proper set-up of the machine and user comfort for a variety of different exercises.
<b>Weight Stack</b>	91 kg 200 lbs
<b>Dimensions</b>	L 129 x W 109 x H 153 cm L 51 x W 43 x H 60 inches

### Key Features

<b>Biomechanically accurate smooth trajectory movement</b>	•
<b>Multi-functional</b>	•
<b>The adjustable starting position allows the proper set-up of the machine and user comfort for a variety of different exercises.</b>	•