

Pro Series, Olympic Adjustable Bench

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all 8 pieces of the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The Pro Series, Olympic Adjustable Bench is a three in one machine with the bench being fully adjustable from incline to flat to decline. The Ankle/knee pads are fully adjustable to suit any sized user.



Adjustable Pads



Adjustable J-Hooks Height



Heavy Duty Structure



High-density poly-foam



Technical Specifications

Rating	Commercial
Upholstery	High-density poly-foam offers comfort and durability.
Adjustments	Adjustable Seat and back support and J-Hooks height
Product Weight	28.5kg 63lbs
Dimensions	L 138 x W 54 x H 44 cm L 54 x W 21 x H 17 inches

Key Features

Easy to adjust and convenient to use	•
Three in one machine with the bench being fully adjustable	•
The adjustable bracket height meet different users	•
Adjustable upholstery offers various workout	•