

Open Ended Trap Bar

GymGears Open Ended Deadlift Bar is designed for weightlifting with ease. It delivers a wide range of lifting and training possibilities to users. Featuring an open design and unique features, such as the integrated loading jack that raises the sleeves above the ground for easy loading and unloading of bumpers and plates set this bar apart. The open design and neutral handle position make deadlifting technique less intensive and easier to perform. The rubber footed loading jack is also an upright storage solution. The bar easily moves between the upright storage and the horizontal lifting position conventionally.

This heavy duty Open Ended Trap Bar is the perfect addition to any serious strength and conditioning set-up.



Open Ended



No Bearings



Unique System



25mm diameter grip

Technical Specifications

Rating	Commercial
Material	45# Steel and Normal Chrome coated
Bar Weight	26kg
Max Loading Capacity	500kg
Grip diameter	25mm
Bearings	No bearings
Dimensions	L 129 x W 61 x D 25 cm

Key Features

500kg weight capacity	•
Steel and normal chrome coating	•
25mm diameter grip	•
Open design, loading system and grip markings make this bar approachable, easy to use and appropriate for more lifters	•
Unique system allows bumper plates to be loaded without having to lift the bar	•
Easily move between the upright storage and loading position and the horizontal lifting position	•
The open design supports a variety of lunges and carries	•