

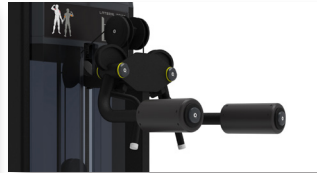
Pro Series, Lateral Raise

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

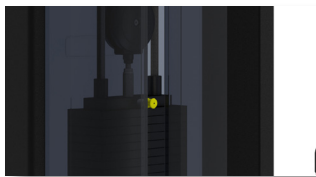
The specially designed Pro Series, Lateral Raise helps the user to strengthen deltoid. With an easy weight selection using a selector pin and an easily adjustable seat pad, this gives the user the utmost comfort and ease to train.



Adjustable Seat Pad



Large Arm Roller Pads



Easy Weight Selection



Exercise Placard



Technical Specifications

Rating	Commercial
Shroud	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
Tubing	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
Upholstery	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
Adjustments	The adjustable seat pad allows the proper set-up of the machine and user comfort.
Product Weight	85 kg 187 lbs
Weight Stack	72.5 kg 160 lbs
Dimensions	L 118 x W 75 x H 153 cm L 46 x W 30 x H 60 inches

Key Features

A larger arm roller pad increases the contact area with arms and makes training comfortable.	•
The adjustable height of the seat is suitable for users of different heights and arm lengths.	•
The yellow circle pivot makes it easy for the user to choose the right training position.	•