## Pro Series, Leg Extension / Leg Curl

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Leg Extension / Leg Curl allows the user to train quadriceps and hamstring muscles. With an easy weight selection using a selector pin and an easily adjustable back pad, this gives the user the utmost comfort and ease to train.





Adjustable Pads

Robust Design





Easy Weight Selection

Exercise Placard



## **Technical Specifications**

Rating	Commercial
Shroud	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
Tubing	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50°100 rectangular tube, which makes the whole unit more powerful.
Upholstery	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
Adjustments	The adjustable starting position allows the proper set-up of the machine and user comfort for a variety of different exercises.
Weight Stack	91 kg 200 lbs
Dimensions	L 129 x W 109 x H 153 cm L 51 x W 43 x H 60 inches

## **Key Features**

Biomechanically accurate smooth tracjectory movement	•
Multi-functional	•
The adjustable starting position allows the proper set-up of the machine and user comfort for a variety of different exercises.	•

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Call 01772 428434
Email sales@GymGear.co.uk

