

## Pro Series, Seated Dip

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Seated Dip allows the user to train triceps and anterior serratus. With an easy weight selection using a selector pin and an easily adjustable seat pad, this gives the user the utmost comfort and ease to train.



Adjustable Seat Pad



T Shaped Handlebars



Easy Weight Selection



Exercise Placard



### Technical Specifications

<b>Rating</b>	Commercial
<b>Shroud</b>	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
<b>Tubing</b>	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
<b>Upholstery</b>	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
<b>Adjustments</b>	The adjustable seat pad allows the proper set-up of the machine and user comfort.
<b>Product Weight</b>	97.5 kg 215 lbs
<b>Weight Stack</b>	91 kg 200 lbs
<b>Dimensions</b>	L 123 x W 121 x H 153 cm L 48 x W 47.6 x H 60 inches

### Key Features

<b>T shaped handlebars design helps to ease the pressure of arms in training conditions and makes training safe.</b>	•
<b>The negative angled adjustable Backrest is shaped to give the user better support.</b>	•
<b>An adjustable seat pad meets the demands of various users.</b>	•