

Pro Series, Torso Rotation

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Torso Rotation allows the user to effectively train their internal and external oblique muscles. With an easy weight selection using a selector pin and an easily adjustable starting position, this gives the user the utmost comfort and ease to train.



Starting Position



Handlebars



Easy Weight Selection



Exercise Placard

Technical Specifications

Rating	Commercial
Shroud	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
Tubing	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
Upholstery	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
Adjustments	The adjustable starting position the proper set-up of the machine and user comfort.
Product Weight	96 kg 212 lbs
Weight Stack	72.5 kg 160 lbs
Dimensions	L 124 x W 110.5 x H 153 cm L 49 x W 43.5 x H 60 inches

Key Features

Brand new motion and fixing methods provide pelvic stabilisation.	•
The seat pad, roller pad and back pad help users to stabilize lumbar and make training safe.	•
Designed with more starting positions for the user to choose from.	•