

## Sterling Series, Smith Machine / Half Rack

The Gym Gear Sterling Series, Smith Machine / Half Rack Combo is a multifunctional strength training machine. With a Half-rack on one side and a Smith Machine on the other, this machine can be used for strengthening all muscle groups.



Smith Machine Bar

J-hooks



Weight Plate Pins

Adjustable Spotter Arms



### Technical Specifications

<b>Rating</b>	Commercial
<b>Adjustments</b>	Adjustable smith machine bar, j-hooks and spotter arms
<b>Tubing</b>	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
<b>Loading Capacity</b>	300kg 660lbs
<b>Product Weight</b>	313kg 690lbs
<b>Dimensions</b>	L 231.5 x W 224 x H 239 cm L 91 x W 88 x H 94 inches

### Key Features

<b>Robust and heavy construction</b>	•
<b>Electrostatic powder-coated and heat cured for superior durability</b>	•
<b>Super smooth smith machine bar adjustment</b>	•
<b>Olympic weight horns fitted as standard for optimum storage capacity</b>	•