

Standard Olympic EZ Curl Bar

The Gym Gear EZ Curl Olympic bar is specifically angled to isolate and develop the bicep, tricep and forearm muscles.

The sectional knurled handles increase the grip, comfort and safety of your workout, and the rotational bar removes stress from the wrists, elbows and back.



Chrome Finish



Knurled Handles



Integrated Cap Design



Lightweight



Technical Specifications

Rating	Commercial
Material	Hardened chrome finish
Bar Weight	10kg / 22lbs

Key Features

Lightweight yet durable	•
700lbs weight capacity	•
Hardened chrome finish	•
28mm diameter grip	•
5 inch internal dimensions	•
Integrated cap design	•
Bar Weight: 10kg	•