

Wooden 3 in 1 Plyometric Box

The Gym Gear Wooden 3 in 1 Plyometric Box is a highly versatile workout tool for explosive plyo workouts.

This great value plyo box is a 3 in 1 design (20" / 24" / 30"), meaning you don't need to purchase multiple products.

Ideal for functional and CrossFit style workouts this plyo box is ideal for athletes of any ability for forward, lateral and other plyometric jumping drills.

This wooden plyo box is made from 18mm thick with bevelled outer edges to help reduce injury risk.



Wood Surface



3 heights

Technical Specifications

Rating	Commercial
Sizes Include	3 heights (20" / 24" / 30")

Key Features

Compact design – 3 heights (20" / 24" / 30")	•
18mm thick plywood construction with bevelled outer edges	•
Built with internal solid timber supports to distribute load evenly from all sides	•
Large platform area suitable for users of any size / age	•
Hand holes allow for easy transport	•