

## XPO Trainer

The XPO Trainer is not only the very first exercise sled on wheels but a training device so versatile that it serves multiple purposes. For the athlete it is simply the most effective push sled on the market today. With its revolutionary patent-pending exponential resistance curve, it delivers the ultimate workout in the shortest time possible! The XPO Trainer's automatically adjusting power demands will humble the most elite athletes from any sport. For the trainer, physical therapist, or individual working on rehab or recovery from injury, the same exponential resistance curve provides a safe method to work natural movements that will adjust to the needs of the user.



Chain Guard



Transport Wheels



Weight Plate Post



Removable Handles

### Technical Specifications

<b>Resistance</b>	The harder and faster you push the more it resists
<b>Frame</b>	Removable handles for easy transportation, portability and storage
<b>Transportation</b>	Integrated wheels for easy movement
<b>Product Weight</b>	No handles or weight plate post: 22kg / 49lbs Including handles and weight plate post: 27kg / 60lbs
<b>Assembled Dimensions</b>	L 111 x W 89 x H 110 cm L 44 x W 35 x H 43 inches

### Key Features

<b>Transportation Wheels</b>	•
<b>Weight Plate Post</b>	•
<b>Removable Handles</b>	•
<b>Nearly Silent Operation</b>	•
<b>Safe for Indoor and Outdoor use</b>	•

### Electrical Specifications

<b>Power</b>	Self Powered
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