

## R97 Recumbent Bike

The Elite R97 exercise bike takes on an instant familiarity. it's an exercise bike that has stood the test of time. The result of endless hours of bio-mechanical research, this innovative bike has a step through frame for easy access, and provides the most comfortable cycling experience.



Adjustable Recline



Resistance Controls



Reading Rack



Step-Through Design



### Technical Specifications

<b>Resistance Level</b>	25 Levels
<b>Maximum User Weight</b>	182 kgs 400 lbs
<b>Assembled Dimensions</b>	L 168 x W 63 x H 136 cm L 67 x W 25 x H 54 inches

### Key Features

<b>Step-Through Design</b>	•
<b>Adjustable Recline</b>	10 Degrees
<b>U-Bar</b>	•
<b>Seat Handlebars</b>	•
<b>Slip-Resistant Pedals</b>	•
<b>Resistant Level Controls</b>	•
<b>Reading Rack</b>	•
<b>HR Sensors &amp; Telemetry</b>	•
<b>HR Chest Belt</b>	Optional
<b>Bottle Holder</b>	•
<b>Colour</b>	Jet Black

### Electrical Specifications

<b>Power Required</b>	Self Powered
<b>Maximum Watt @ 120 RPM</b>	800
<b>Minimum Watt @ 40 RPM</b>	20
<b>Minimum RPM</b>	30

### Display Specification

<b>Screen</b>	6 Numeric Windows + Dot-Matrix Window
<b>Display Feedback</b>	Time, Speed, Incline, Heart Rate, Distance, Calories & Program
<b>Workout Programs</b>	Quick Start, Fat Burn, Cardio, Strength, Interval, Target, HRC, Customise & Physical Test
<b>Language Options</b>	English, French, German, Dutch, Spanish, Italian