## **X97 Cross Trainer**

The X97 is popular in large leisure centres alongside smaller facilities for its compact footprint, durability, and being easy to use. Designed to promote comfort during exercise with optimal stride length and pedal positioning. The simple design is easy to use, clean and maintain.











Reading Rack

Push-Pull Handle Bars

## **Electrical Specifications**

Power Required	110 ~ 220 Vac 20A
Motor Power	5.0 HP Peak 3.0 HP Continuous

# **Display Specification**

Screen	LED 7 Segments with Dot-Matrix (White Light)
Display	Time, Speed, Incline, Heart Rate, Distance,
Feedback	Calories & Program
Workout Programs	Quick Start, Rolling, Valley, Fat Burn, Ramp, Strength, Interval, Random, HRC, Constant Watt
Language	English, French, German, Dutch, Spanish, Italian,
Options	Russian, Portugese, Swedish & Polish

#### **Technical Specifications**

Stride Length	500 mm / 20 inches
Pedal Spacing	64 mm / 2.5 inches
Step Up Height	320 mm / 12 inches
Resistance Levels	25 Levels
Maximum User Weight	182 kgs 400 lbs
Assembled Dimensions	L 204 x W 68 x H 181 cm L 81 x W 27 x H 72 inches

### **Key Features**

Push-Pull Handle Bars	•
Easy Grip for Transport	•
Resistance Level Control	•
Reading Rack	•
Heart Rate	•
HR Chest Belt	Optional
Bottle Holder	•
Colour	Jet Black