

Re-Life Series, Bicep / Tricep

The Re-life Series has been designed to provide a complete full body strength circuit that helps to build strength, rehabilitate, and revitalise the body to enjoy a better quality of life. The Re-Life Series complements any fitness area, suitable for users of almost all ages and fitness levels. The range consists of 8 hydraulic resistance training machines with bi-directional resistance and 1 stretching machine. The 8 machines provide a total of 15 different exercises in a compact footprint. Users of different ages and physical abilities can find their own training regime through the flexible combination of the 8 machines.



Comfortable Pads



Bottle Holder



Hydraulic Resistance



Safe, Sturdy Design

Technical Specifications

Rating	Commercial
Weight Stack	N/A - Hydraulic
Product Code	GG-RELIFE-103
Storage	Water bottle and mobile phone holders
Upholstery	Soft comfortable upholstery that is skin friendly and durable.
Resistance Levels	Hydraulic resistance
Max User Weight	180kg 397lbs
Dimensions	L 117.8 x W 73.6 x H 85.9 cm L 1178 x W 736 x H 859 mm

Key Features

Adjustable Hydraulic resistance	•
Compact footprint with transport wheels to easily move the equipment	•
Low Risk of injury, adaptive resistance, the user can stop at any time in the movement	•
Soft comfortable upholstery, skin-friendly and durable	•
Water bottle and mobile phone holders	•