

Sterling Series, Multi Abdominal Bench

The Gym Gear Sterling Series, Multi Ab Bench provides users with a solid strength training platform, ideal for performing a range of abdominal exercises. The padded calf and ankle rollers ensure comfort and stability, whilst the adjustable, multiple position decline bench increases functionality.



Adjustable Back Pad



Handle



Robust Design



Wheels For Transport



Technical Specifications

Rating	Commercial
Adjustments	Adjustable back pad
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	300kg 660lbs
Product Weight	54kg 119lbs
Dimensions	L 172 x W 63 x H 91 cm L 68 x W 25 x H 36 inches

Key Features

Robust and heavy-duty construction complete with high-quality needle bearings for moving parts	•
Electrostatic powder-coated and heat cured for superior durability	•