

## Urethane Kettlebells

The Gym Gear Urethane Kettlebell offers maximum resilience and durability with a solid chrome build and urethane coating, while its stylish black and silver design featuring a chrome handle provides a premium finish and ultimate comfort.

Kettlebells are essential for any functional training programme. These conditioning tools are ideal for developing muscular endurance, increasing cardiovascular fitness, increasing core strength and improving posture / balance.

The weight of a kettlebell hangs a few inches below its handle, meaning you have to work continuously to control the kettlebells shifting centre of gravity as you move it around. Everything from your grip to your core has to work harder than if you were using a dumbbell, and this extra muscle activity results in more calories being burnt and increased fat loss.



Urethane & Chrome



Easy Weight Identification



2 Tier Rack



3 Tier Rack

### Technical Specifications

<b>Rating</b>	Commercial
<b>Material</b>	Urethane & chrome

### Key Features

<b>Solid chrome build provides maximum durability</b>	•
<b>Robust and protective urethane coating</b>	•
<b>Chrome handle provides super-smooth finish and comfortable handling</b>	•
<b>Flat base design allows for easy storage and use</b>	•
<b>Perfectly balanced for precise user control</b>	•
<b>Easy weight identification</b>	•
<b>Kettlebells can be sold as a set or separately</b>	•
<b>Kettlebell racks sold separately</b>	•