

Power Bags

Elevate your workout experience with our Gym Gear Power Bags!

Experience an exceptional selection of Gym Gear Power Bags that provide an excellent means to push your fitness limits, enhance endurance, and boost overall cardiovascular strength and physical power.

Functioning as a versatile alternative to medicine balls or dumbbells, these sandbags serve as highly effective and adaptable accessories for functional training. Opt for lighter bags to facilitate rapid, high-energy movements or select heavier bags for slower, more deliberate exercises.



Easy Weight Identification



1000d Material



Storage Rack



Multiple Handles



Technical Specifications

Rating	Commercial
Weights Available	5kg, 10kg, 15kg, 20kg, 25kg, 30kg & 35kg
Material	Tear-Resistant PVC and PU Handles with a EPE foam lining

Key Features

High durability with superior construction	•
Multiple handles increases versatility	•
Ideal for sports specific and functional training	•
Inherent instability triggers stabilising muscles and increases core strength	•
Improves grip strength, co-ordination and proprioception	•
Portable and easy to transport	•
Available from 5 - 35kg	•
Storage rack is available to purchase seperately	•