

## Concept 2- Bike Erg

The Concept2 BikeErg is the latest addition to our family of sport-based ergometers. The BikeErg has the same flywheel and Performance Monitor as our Concept2 Indoor Rowers and SkiErgs, bringing to cycling the strengths and features we've previously brought to rowing and cross-country skiing.

The flywheel uses air resistance to create a smooth, quiet ride that responds to your efforts. The damper is your "gearing", allowing you to adjust the feel of your ride. Unlike most stationary bikes, the BikeErg has a clutch, so just like a real bike, when you stop pedaling, the flywheel keeps on spinning.



Connectivity



Console / Display



Air Resistance



Adjustable Seat



### Technical Specifications

<b>Flywheel</b>	Air based Flywheel
<b>Resistance Levels</b>	Air 10 levels
<b>Resistance System</b>	Air resistance
<b>Adjustments</b>	Adjustable handlebars and seat
<b>Incline</b>	Mimic upto 35 degree incline
<b>Frame</b>	Heavy duty frame
<b>Q Factor</b>	16.7cm
<b>Product Weight</b>	68 lb (31 kg)
<b>Maximum User Weight</b>	300 lb / 136 kg
<b>Assembled Dimensions</b>	48 in x 24 in (122 cm x 61 cm)

### Key Features

<b>Magnetic and Air resistance</b>	•
<b>LCD Display</b>	•
<b>Wheels for easy transport</b>	•
<b>Adjustable handlebars and seat</b>	•
<b>Heavy Duty Frame</b>	•
<b>Mimic upto 35 degree incline</b>	•

### Electrical Specifications

<b>Power</b>	Self Powered
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### Display Specification

<b>Display Type</b>	PM5 - LCD Display
<b>Display Feedback</b>	Resistance levels, Time, Distance, calories, RPM, Watts, Speed and Pulse
<b>Compatibility</b>	Compatible with 5khz chest belts
<b>Connectivity</b>	Bluetooth and ANT+ and connects to a variety of cycling and fitness apps including, but not limited to: zwift, kinomap, gymtrack, xert, suferfest, and rgt cycling.